



# Certification Course Teaching Agenda

**Genetic testing and nutrigenomics are the future of individualized healthcare**

**Charleston, South Carolina** - September 16-18, 2022.

## Course agenda:

### Friday, September 16

2.00pm - 6.00pm

- Introduction to genetics, nutrigenomics and personalized medicine
- DNA Health panel SNP instruction

### Saturday, September 17

9.00am - 5.00pm

- DNA Health panel SNP instruction (cont.)
- DNA Diet panel instruction
- DNA Oestrogen panel instruction

### Sunday, September 18

9.00am - 5.00pm

- DNA Sport panel instruction
- DNA Mind panel instruction
- Communication to patients (3/3/3 method)
- Class case study (as time allows)
- Practice implementation and marketing

## Note from instructors:

This training is very extensive and somewhat intense. Be mentally prepared for this.

We will ensure adequate breaks and time for questions. Feel free to stand up versus sitting during the instruction if you desire. Bring your completed tests to follow along as well as utilizing the supplied SNP guides.

**DO NOT** expect to understand the data fully but **DO** expect to obtain a working knowledge that will prepare you to begin using the tests on Monday morning.

We started our DNA journey just like you and we learn from you every time we teach. After the training, we encouraged you to simply "dive in" and learn through on the job training.

We are here to support you along the way.  
Enjoy the training!



Drs. Mark & Michele  
Sherwood